

**SEPTEMBER 2006* FULL COUNCIL REPORT FOR RESEARCH IN CONTINUING CARE (the
RICC Group) and THE CREATIVE ARTS / INTEGRATIVE THERAPIES RESEARCH GROUP
(the CAIT Group) *[for period May 2006 –September 2006]**

PART 1: Research in Continuing/Chronic Care (RICC) RESEARCH GROUP

The Research in Continuing/Chronic Care (RICC) group continues. Since the May 2006 report, there are no new publications. However, Carole-Lynne LeNavenec continues as editor for the Canadian Gerontological Nursing Association newsletter and the Alberta Association on Gerontology newsletter.

A paper will be presented by C. LeNavenec and O. McEachern at the Canadian Association on Gerontology Scientific and Education Meeting in Quebec City on October 26-28, 2006. This paper is entitled *Using Kitwood's mode in the context of caring for people with dementia: Illustrative case studies of best practices to foster personhood well-being.*

PART 2: The CAIT GROUP: The Creative Arts / Integrative Therapies in Health Care Research group, which began in 1998, is a sub-component of the Research in Continuing/Chronic Care Group. It is made up of art, music, dance, drama, recreation and occupational therapists; registered nurses, artists and musicians, as well as faculty from Fine Arts, Kinesiology, Social Work, and Nursing. In addition, there are practitioners who do therapeutic touch, massage, etc.

- 2.1 Funding received in July 2006 from the **SSHRC Research Development Initiative (RDI)** grant for: **'The Effectiveness of Group Art Therapy for Patients with a Traumatic Brain Injury'**. Principal Investigator: Dr. C. Le Navenec. Co-Investigators: Dr. G. Groeneweg, Adjunct Professor, Department of Psychology, UofC and Director, Brain Injury Rehabilitation Coalition; and Dr. Brad Hagen, Assoc. Prof. of Nursing, University of Lethbridge. The two art therapists involved with the project are Alan Briks and Monica Wiebe.
- 2.2 We continue to received a number of positive reviews for our publication of a textbook in Spring 2005: Le Navenec, C., & Bridges, L. (Eds.). (2005). ***Creating Connections between nursing care and the creative arts therapies: Expanding the concept of holistic care.*** Chicago: Charles C Thomas.
 - This book of been selling very well. It consists of a series of case studies, which demonstrate the clinical significance of the creative arts therapies for people experiencing an acute or chronic illness, was written by nurses, social workers, occupational therapists and related health professionals as well as a vast range of therapists in the creative arts field (art, music, dance, drama, etc.) from Calgary, Edmonton, Toronto, the U.S., and Ireland. It is available for purchase from the University of Calgary Medical Bookstore as well as on main campus.
 - For further information on this unique multidisciplinary book, see the CAIT website www.ucalgary.ca/cait
- 2.3 Our Application made for a Spring-Summer **2006 CIHR Health Professional Student Research Award** was successful. The undergraduate student who served as a Research Assistant was Cherryl Panorel . She worked from June 2006 to August 2006 under the mentorship of Drs. Le Navenec and Raffin on a project involving the health benefits of music for older people with dementia.. **See Page 2 →**

2.7 Two recent publications by members of the Creative Arts Integrative Therapies Research group (the CAIT research group) are:

- ♣ **Cantell, M, & McGhee, D. (2006).** Movement quality in children with developmental delay: Midline and weight sensing as markers of adaptive movement. *Body. Movement and Dance in Psychotherapy*, 1 (2), 129-141.

Dr Marja Cantell , Clinical psychologist and Dance/Movement Therapist, Behavioral Research Unit, Alberta Children's Hospital/Department of Pediatrics, Faculty of Medicine, University of Calgary (Marja.Cantell@calgaryhealthregion.ca)

Professor Darcy McGeehee is with the Program of Dance, Faculty of Fine Arts, University of Calgary (mcgehee@ucalgary.ca)

- ♣ **Bridges, L. (2004).** Accessing inner strengths while training to counsel and facilitate healing in others. *Journal of Theory Construction & Testing*, 8 (2), 60-66.

Laura Bridges, M.A. (Psychology), Provisional Chartered Psychologist, C.C.C., M.A (Dance/Movement Therapy) ADTR coordinates Wesley Institute's Dance/Movement Graduate Training in Canada and serves as a Spring Session Instructor at the Faculty of Nursing, University of Calgary for teaching two undergraduate credit courses (Introduction to Dance/Movement Therapy for Health Professionals and Introduction to the Creative Arts Approaches for Health Professionals); Email: lajabr@hotmail.com

2.8 A poster was presented about the Creative Arts Integrative Therapies Research Group (the CAIT group) by two CAIT members, Laurel Bridges and Carole-Lynne Le Navenec for the visit of the University of Calgary Senators to the Faculty of Nursing on Tuesday September 12, 2006.

2.9. For news about our Spring Credit Courses, one of which is available entirely on line (N. 511: Introduction to Music and Sound for the Helping Professions), and other activities pertaining to Research in the Creative Arts and Health Care, please visit our CAIT web page: <http://www.ucalgary.ca/cait> or send a message to the CAIT listserv at: cait-l@majordomo.ucalgary.ca.

Report submitted by

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