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SHORT BIO FOR CAROLE-LYNNE LE NAVENEC, AND INFORMATION ABOUT HER CREATIVE ARTS/INTEGRATIVE THERAPIES RESEARCH TEAM-The CAIT Research Group

Current Position:

◆Associate Professor in the Faculty of Nursing, University of Calgary Courses taught that have a MH emphasis include: Psychiatric-Mental Health, Family, Community Mental Health, and Forensic/Prison Health Nursing; and a completely web-based course entitled: Introduction to Music and Sound for the Health Professions. **Academic Background:** Carole-Lynne LeNavenec, who is a graduate of St Mary's Hospital School of Nursing in Montreal, Quebec, did a Public Health Nursing major in the BN program at McGill University. She subsequently worked as a Public Health Nurse in Toronto, as well as with the Ontario Government at Whitby Psychiatric Hospital where she was involved with pre-admission assessments, discharge planning and aftercare. This is where her interest in working with families began. Hence, she went on to obtain an honors BA at University of Toronto, where she majored in Psychology and Sociology (family and aging), a Masters degree in Sociology (deviance, family systems studies, aging, and forensics) and subsequent doctoral studies in Sociology which focused on social psychology (impact of poverty on the mental and physical health status of families; the reflection of societal attitudes on mental health legislation in Canada). **Research Program:** Her doctoral thesis, as well as subsequent studies, focus on the psychosocial impact of chronic illness (e.g., Traumatic Brain Injury-TBI; Alzheimer's disease; Chronic Obstructive Lung Disease-COPD) on the family: Implications for nursing, social support and policy. She values the use of multiple case study designs (a la Stake and Yin style), a constructivist theoretical orientation, use of visual gestalts (e.g., ecomaps, lifelines, attachment pattern diagrams, and circular communication pattern diagrams), as well as use of the critical incident technique (Flanagan).
◆In 1995 she established the *Research in Continuing/Chronic Care-The RICC research group* (which is now incorporated as part of the Creative Arts/Integrative Therapies Research group)
◆In 1998, she established the *Creative Arts/Integrative Therapies (the CAIT group) research group* in the Faculty of Nursing and has been the Director of it since that time;
Unlike the CAM group in the Faculty of Medicine, our CAIT research group includes, apart from a few academics, primarily those working in the "frontline" in one of the following areas: music, art, dance/movement, and drama therapy; recreation, physical, occupational, and voice therapy; and nurses, social workers, psychologists, pastoral care team members, and related health professionals who use a range of creative arts/integrative therapies in their practice (e.g., journaling, music listening poetry; pottery, reminiscence, spiritual approaches to caring, etc.).
◆**She hopes to find collaborators in the MH-RIG who are interested in:** exploring the neurophysiological and biochemical effects of music and related creative arts therapists for people experiencing dementia or severe traumatic brain injury.

A. ILLUSTRATIVE EXAMPLES OF PAST STUDIES PERTAINING TO MENTAL HEALTH (Publications associated with some of these studies are on next page)

(1) Indicator studies of quality of care and/or quality of life among clients and families with a chronic illness/condition in the community

- Indicators of quality of life among adults in a community-based rehabilitation day program: Perspectives of clients, families, staff, and volunteers
- The responses of people with Alzheimer's disease living in a nursing home to music therapy
- Shared Care, Primary Mental Health Care for Homeless People with Serious Mental Illness (Study at CUPS with Dr K. Cairns as PI)
- Indicators of quality of community based nursing care as perceived by older people with COPD who are living at home, and their significant others.
- The illness career of families experiencing dementia: Predominant phases and styles of managing

(2) Studies involving use of Neuroleptic/other Psychotropic Medications in Long Term Care Institutional settings

- Neuroleptic medication in rural and urban long-term care facilities: A randomized trial of physician, nursing staff, and family member education [Co-Investigator with Co-PIs: Brad Hagen, RN, PhD, University of Lethbridge Centre for Health Studies, and Paddy Quail, MD, CHR]

(3) Studies Involving Dissertations by Doctoral or Masters Students:

- The impact of an Early Psychosis Program among families experiencing serious mental illness in Newfoundland
- The responses of Holocaust survivors to admission to long-term care setting: An ethnographic study.
- Performance creation as a mode of self-care among mental health counselors in the community.
- Nursing attendants in long-term care: Toward the development of a quality care assessment model for measuring the contribution of nursing attendants in long-term care settings
- The role of uncertainty as a factor for understanding the lack of Personal Directives among healthy older adults
- The effects of an educational program on urinary incontinence among older people living at home [this study affords insights about the psychosocial effects; hence, it is included here]

B. STUDIES FOR WHICH FUNDING IS CURRENTLY BEING SOUGHT AND THE RESEARCH TEAM FOR SAME (NOTE: Titles have been abbreviated for this web version)

- The responses of adults with a traumatic brain injury to art therapy.
Research Team: PI: LeNavenec, C; Co-Investigators: M.A. Reimer, RN, PhD; Brad Hagen, RN, PhD; Gerritt Groneweg, PhD, Psychologist; Project Director: Paul Wishart, PHD, MA; Art Therapists: Allan Briks, M.A., ATR-BC and Monica Wiebe, MA, ATR
- The responses of mental health outpatients to drumming circle sessions.
Research Team: PI: LeNavenec, C.; Co-Investigators: Brad Hagen, RN, PhD; Marcia Epstein, PhD; Janice Kinch, RN, PhD; Jeannine Chow, RN, PHD; Research/Project Director: Lee Woytkiw, MSW, RSW; Research Assistants: Paul Wishart, PhD and TBA;

Proposal Development Research Coordinator: Shannon Secord, BN student, 3rd year, and recipient of a Spring/Summer 2005. Studentship Award from the Canadian Institute of Health Research (CIHR).

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[* Winner of Best Books of the Year Award – Gerontological Nursing, American Journal of Nursing, 1996]

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